

Press Release

****For Immediate Release****

SIMCOE KART CLUB DRIVER & MECHANIC TRAINING DAY

Simcoe Kart Club will conduct its Driver & Mechanic Training Day on Saturday, April 18, 2009 at 3-S Go Karts in Sutton. The training day is mandatory for Cadet, Novice, Junior Lite and ALL rookie racers.

Below please find the itinerary as well as links to the downloadable copies of the Registration/Entry Form and the ASN Canada FIA Karter's Test.

The entry fee includes payment for the racer, his/her mechanic, their lunch and an open practice after the presentation of the Graduation Certificates.

We ask that everyone please pay close attention to the weather conditions that day and that you all dress appropriately.

**** RACER'S ITINERARY ****

7:45 – 8:45 REGISTRATION & CHECK IN.
PRE-TECH ALL GO KARTS.
Entry form available [HERE](#)

8:45 – 9:00 INTRODUCE THE INSTRUCTORS.

9:00 – 9:15 SAFETY MEETING.

9:15 – 9:30 REVIEW THE RACING FLAGS.

9:30 – 10:15 INSTRUCTORS & RACERS WALK THE TRACK.
(Parents & Guardians are welcome to walk the track but NOT with the racers).

10:15 – 12:30

SPLIT GROUPS:

- NOVICE to North Track.
- JUNIOR & SENIOR ROOKIES
to South Track.

ON TRACK SKILLS Including & Not Limited to:

-Process for Entering Pit Lane, Stopping Under Control,
-Loss of Brakes-Stopping, Cornering at Speed,
-Driving in Formation Lap, Mock Race Starts, etc.

12:30 - 1:00 **LUNCH BREAK**

1:15 - 3:30 ON TRACK EXERCISES as per above RESUME.

3:30 - 4:00 ASN Canada FIA WRITTEN TEST.
Test available [HERE](#)

4:00 PRESENTATION OF GRADUATION CERTIFICATES with PICTURES.
*RACING SUITS MANDATORY for pictures.

4:30 – 6:00 OPEN PRACTICE.

**** MECHANIC'S ITINERARY****

10:00 ENGINE CLINIC.

11:00 CHASSIS & TIRE CLINIC.

OPEN DISCUSSIONS and QUESTION PERIOD.

12:30 – 1:00 LUNCH BREAK.

ATTENTION ALL ATTENDING PARENTS, GUARDIANS & MECHANICS:

Please get involved in the Training Day Activities. Please volunteer to assist and/or flag a corner when you are available. The day will go much smoother and quicker when everyone lends a hand. Also, your driver will establish a comfort zone when they see you positioned around the track. At Simcoe Kart Club safety is first and foremost and your involvement is required to maintain our standards. Thank you.

The Simcoe Kart Club Executives, Board of Directors, Instructors and Volunteers sincerely hope that all of you come to learn as much as possible and that you enjoy your day with us.

SAFE RACING!!!

Related Links:

www.SimcoeKartClub.com

www.3SGoKartsInternational.com

(File: SKC '09 PR #4 Driver Mechanic Training Day)